





Easy Read - Mealtimes

	Tell us your mealtime needs and preference
	We will make sure your meals are nutritious and have the right texture.
	A Speech Therapist works with you to plan your mealtime needs - texture, thickness and other needs
	The SpeechTherapist assesses your nutrition and swallowing to see if you need texture-modified food and fluids
	The Speech Therapist reviews your risks



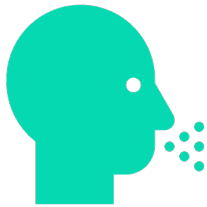
Your risks may include positioning, swallowing, diabetes, anaphylaxis, food allergies and weight problems.



The SpeechTherapist will assist in designing your seating and positioning when eating.



The Speech Therapist will create a plan that includes your swallowing, eating and drinking requirements



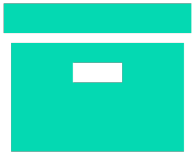
Trained staff will help you if you have trouble with coughing and choking.



Staff have access to your plan so they can see your needs.



Our team will assess any risks to keep you safe when eating



We will store your food safely and provide you with your proper meal.



Don't worry. If we see you having trouble, we will assist and respond to your changing needs.